

WADSA News

*A Quarterly Publication from
The Wisconsin Adult Day Services Association – July 2009*

Annual WADSA Conference Update

SAVE THE DATE!!! November 13-14 at the United Community Center in Milwaukee is where our next conference will be held. Our theme this year is "*Stepping Forward with Creativity and Innovation.*" What a great opportunity this year's conference holds for those of you whose centers are doing just that. Consider sharing your successes with fellow WADSA members by speaking at the conference. The Call for Presentations form is available at the end of the newsletter and is due by August 1, 2009. Also, back by popular demand is the Friday networking reception. Enjoy time getting to know WADSA members from across the state while enjoying a Fish Fry at the United Community Center.

2009 National Adult Day Services Association Annual Conference

SAVE THE DATE!!! This year's conference is in Seattle, Washington October 8-10 at the Red Lion Hotel on 5th Avenue. The pre-conference workshop will be on TimeSlips. Breakout sessions include topics on creative programming, positive aging, business strategies, funding and reimbursement and much more! There will be a State Association Presidents' and Leaders' Meeting. Visit exhibits on Friday and Saturday and network with colleagues. There will also be awards ceremony and staff recognition. Get details and register today at www.nadsa.org.

Medicare Adult Day Services Bill Introduced In Congress

The Medicare Adult Day Services Act of 2009, HR 3043, would add adult day services as a provider of post-acute care under Medicare. Just introduced by Representative Linda Sanchez (D-CA), it now needs more co-sponsors to move it forward in the House.

This legislation allows Medicare beneficiaries to use adult day service programs that are certified, licensed, or nationally accredited under an approved accreditation agency to provide post-acute services under Medicare.

You and other leaders of state associations are invited to participate in a teleconference on **Wednesday, July 8, 2009**, Pacific/2:00 PM Central) to learn

more about the Bill and how you can help. The support and action of our association and centers in this state are vital to passage of this legislation.

WADSA member are invited to attend this leadership teleconference on July 8 at Luther Manor at 2:00 PM. Enter the Welcome Center entrance at Luther Manor. The address is 4545 N 92nd St., Wauwatosa, WI 53225.

Visit www.nadsa.org and go to Advocacy & Policy news to learn more.

For more information about the Medicare Adult Day Services Bill, contact Peter Notarstefano, NADSA Public Policy Chair at (202) 508-9406 or email him at pnotarstefano@aahsa.org.

For more information about the National Adult Day Services Association (NADSA), log on to www.nadsa.org or contact us at info@nadsa.org or 1-877-745-1440.

WADSA Board Meeting Invite

All WADSA Members are invited to attend the quarterly Full Board Meeting that are held across the state. The next meeting will be on Friday, September 11 in Steven's Point. The meeting start at 10:00 AM and usually last until 2:00 PM. This is a great opportunity to learn more about what is going on in Adult Day Services on a state and national level. To learn more go to www.wadsa.org or contact Jennifer Nowak at 414-258-4192. Hope to see you there!!!

EDUCATION AND TRAINING INFORMATION

Submitted by Dawn Adler, Education and Training Committee Chair

Regional trainings have begun for 2009. A five-hour training is available to all WADSA members in each region of the state every year in addition to the full day and a half state annual WADSA Conference. These five-hour trainings are free of charge to all association members. This is a great opportunity to get continued education, network and meet your WADSA Board Members. Any staff from any center in any region can attend all or any one of these trainings. Non-members are also welcome to attend for a fee of \$35.00.

NORTHERN REGION TRAINING

The training held in Barron in June was great. 14 members attended the trainings on "Creative Exercises to Enhance Your Daily Work" and "The Ripple Effect of Customer Service." The group went to Rolling Oaks for lunch. It was nice to see so many Volunteer staff from our rural member centers attending this training.

WESTERN REGION TRAINING

Friday, July 17 in Sparta

Hosted by Ryan Tichenor of Gateway Adult Day Center in Sparta

The training will be from 10:30 AM – 3:30 PM. The first part of the training will be held at the Sparta location. The training is entitled "Autism 101: Introduction to the Pieces of the Puzzle" and will be presented by Bob Sanders from Chileda Institute in LaCrosse, WI. Dutch lunch after at the Ground Round then take a bus tour to Gateways second location in Tomah for the afternoon training. This training is entitled "Recognizing Stress Factors and Balancing Work and Home" and will be presented by Dawn Adler, WADSA Training and Education Chair. The bus tour will then return to Sparta to end the day.

Contact Dawn Adler at 414-464-3888 ext. 314 to register **before July 14, 2009**. Please bring with you 3 activity ideas (with instructions), your Activity calendars and copies of all for 20 people.

BAY REGION TRAINING

Friday, August 14 in Green Bay at N.E.W. Curative Rehabilitation, Inc. Training will include topics on Mental Fitness Exercises and Transforming Your Arts and Crafts into an Art Gallery.

SOUTH CENTRAL REGION TRAINING

September in Sun Prairie (date yet to be determined)

Hosted by Melody Riedel of the Colonial Club Adult Day Center

We are always open to training topic suggestions. If you would like to share your ideas or have any questions regarding these trainings please call or email Dawn Adler at 414-464-3880 extension 314 or dadler@luthermanor.org.

Here is a mental fitness exercise to try with participants from the book Fabulous Fun with Puzzles by Joseph Leeming:

FAMILY RELATIONSHIPS

Experience has shown that people who are good at family trees enjoy the following types of posers quite a bit. What relation to you is:

1. your sister's-in-law father's-in-law granddaughter
2. your uncle's father's father's wife
3. your mother's aunt's brother's wife
4. the grandson of the only son of your mother's mother-in-law
5. your brother's mother's stepson's father
6. your sister's son's brother's father
7. your aunt's father's only grandchild
8. your mother's mother's son's son
9. your brother's wife's husband's grandfather's wife

10. your nephew's father's father's wife
11. your sister's father's stepson's mother

Answers can be found at the end of the newsletter. Have Fun!!

A good website for mental fitness ideas is <http://www.smart-kit.com/>.

MARKETING-PUBLIC RELATIONS INFORMATION

Submitted by Jennifer McAlister, Marketing-Public Relations Committee Chair

The WADSA News is a quarterly publication designed to inform association members of current topics of interest to adult day service providers, update members on happening from across the state and share success stories among each other. Members are welcomed to submit articles. Articles need to be submitted to jmcalister@curative.org. There will be two more newsletters in 2009. Remember "*Together We Learn, Together We Grow*". I look forward to reading your news!!

ADULT DAY CENTER HAPPENINGS

Article submitted by Stephanie Leanes, Milwaukee Center for Independence

In November of 2009, Family Care eligible adults in Milwaukee County will now have more choices of which care management organization they would like to receive services from. Clients can choose from the Milwaukee County CMO, iCare and now Community Care. All three are currently going through certification.

What does this mean for Adult Day Services? Due to increased client choice, we need to continue to provide meaningful, innovative and valued services. In doing this, we will continue to impress upon the different CMO's that what we do is important and adds great value to our community. Clients have the right to switch CMO's and will be informed of this option. Because one CMO will authorize day programming, does not mean another will or they may have more strict criteria for authorizing services.

In order to ensure that you will be able to continue to provide services to those individuals that may switch to CCO, you need to become a provider in CCO's network. If you have not yet inquired into this contract or attended a provider meeting, now would be the time to do so. CCO has set up a provider hotline at 414-902-2375.

More client choice is a benefit to all, but we must be aware of potential changes in funding and how it may affect our centers as well as how it could affect our client's lives.

WADSA Executive Board Members

PRESIDENT – Jennifer Nowak

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PRESIDENT ELECT – Stephanie Leanes

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VICE PRESIDENT – Diana Brown

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BAY REGION CO-DELEGATE

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WADSA Committee Chair Members

MEMBERSHIP COMMITTEE CHAIR

Karen Beyer

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EDUCATION AND TRAINING COMMITTEE CHAIR

Dawn Adler

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PUBLIC POLICY COMMITTEE CHAIR

OPEN POSITION

MARKETING- PUBLIC RELATIONS COMMITTEE CHAIR

Jennifer McAlister

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NADSA/WASHA REPRESENTATIVE

Beth Meyer-Arnold

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STATE LONG TERM CARE INITIATIVE LIASON

OPEN POSITION

Answers to Mental Fitness Exercise: Family Relationships

1. niece or daughter
2. great-grandmother
3. great-aunt
4. son or nephew
5. stepfather
6. brother-in-law
7. yourself
8. first cousin
9. grandmother
10. mother
11. stepmother

**WADSA Annual Conference
Stepping Forward with Creativity and Innovation
Call for Presentations**

The conference will be held at the United Community Center, Milwaukee Wisconsin
November 13 & 14, 2009

You are invited to share your expertise, knowledge and best practices by submitting
a proposal to present at our next conference.

The deadline to submit proposals is August 1, 2009.

Session Information

Session Title _____

Session Description (Please describe the details of your session in 50 words or less)

Goals/Objectives (Please list at least two goals of your session)

Length of Presentation _____

Audio/Visual Equipment Needs _____

Speaker Information

Name _____

Job Title & Credentials _____

Agency _____

Agency Address _____

Agency Phone _____ Agency Fax _____

Email Address _____

Return this completed form by **August 1, 2009** to: N.E.W. Curative Rehabilitation,
Inc. Attn: **Sarah Kramer** PO Box 8027 Green Bay WI 54305 or email to
skramer@newcurative.org.